



AMC DINE-IN - Nutritional Information

		Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
AMC DINE-IN Menu																
Apetizers																
Big Bite Sampler - No Sauce	2320	1390	158	39	0.5	42	19	225	5240	140	161	9	16			68
Bone-In Wings - No Sauce	850	640	73	16		28	22	160	3770		5					48
Boneless Wings - No Sauce	1000	600	67	12		21	12	165	2740	125	61	1	4			44
Fried Mozzarella - with Marinara	1520	810	91	36		28	11	140	3980	15	111	8	18			57
Loaded Bacon Fries	930	640	72	21		14	6	80	2370	870	50	5	5			25
Loaded Bacon Tots	1090	770	87	24	0.5	17	7	80	2140	75	49	5	5			25
Pretzel Bites	1050	550	63	11				110	2230	65	103	3	16	9		25
Ultimate Chicken Nachos	1410	770	87	36	2.0	13	10	250	4720	1510	84	13	15	1		66
Entrees																
Bacon Chicken Mac & Cheese	1290	670	76	35	1.0	8	4.5	295	4470	250	86	3	5			69
Chicken Quesadilla with Chips	1400	720	82	27	0.5	8	9	190	2100	1050	101	9	7	2		60
Chicken Tenders	1570	980	111	18		22	11	150	3580	580	119	6	25	10		40
Pizza - Cheese 10"	1060	300	34	16		0.5	4.0	50	3070	860	141	10	13	6		49
Pizza - Korean BBQ 10"	1400	400	45	18		1.5	5	135	4130	890	170	7	40	33		78
Pizza - Pepperoni 10"	1250	480	55	24			4.0	95	3330	800	135	7	13	6		56
Pizza - Supreme 10"	1270	450	51	22		0.5	4.0	95	3130	850	140	8	15	6		61
Pizza - Veggie 10"	1160	370	42	16		0.5	4.0	50	2990	790	146	9	17	6		50
Salads and Wraps																
Chicken Caesar Salad - Crispy	780	480	54	11	0	10	7	110	2140	520	46	5	5			29
Chicken Caesar Salad - Grilled	660	410	46	8		1	2.5	130	1510	720	19	4	4			42
Chicken Caesar Wrap - Crispy	960	440	49	11		10	7	95	2490	360	94	5	4			35
Chicken Caesar Wrap - Grilled	840	360	41	9		1	2.5	115	1860	640	69	5	3			48
Chicken Bacon Ranch Salad - Crispy	1060	890	101	23	0	18	8	190	3840	880	59	6	10			59
Chicken Bacon Ranch Salad - Grilled	720	700	79	18		1.0	1.5	180	2210	840	25	5	9			56
Chicken Bacon Ranch Wrap - Crispy	1530	1070	121	25	0	27	12	165	4760	1160	132	9	9			60
Chicken Bacon Ranch Wrap - Grilled	1190	880	99	20	0	10	4.5	155	3130	1120	98	8	8			57
Sandwiches and Burgers																
Bacon Ranch	1080	630	71	22	1.0	1.0	10	210	1300	500	56	2	12	8		53
Bacon Ranch - Crispy Chicken	1250	670	75	19		12	7	235	1740	540	71	2	13	8		71
Bacon Ranch - Grilled Chicken	960	490	56	16		1.5	3.0	200	1580	390	56	2	12	8		57
Bacon Ranch - Impossible	1170	700	79	32		0.5	1.5	110	1930	1260	68	8	13	10		48
Buffalo Chicken Sandwich - Crispy	1080	570	65	11	0	18	8	175	5040	390	83	2	16			42
Buffalo Chicken Sandwich - Grilled	740	380	43	7		1.0	1.5	170	3400	340	50	1	15			39
Chicken Sandwich - Crispy	1060	570	65	11		18	8	175	3360	310	79	2	16			42
Chicken Sandwich - Grilled	720	380	43	7		1.0	1.5	170	1720	260	46	1	15			39
Classic Cheeseburger	890	490	55	16	1.0	1.0	10	165	1320	500	59	2	15	11		42
Classic Cheeseburger - Crispy Chicken	1070	520	59	13		12	7	190	1770	540	74	2	16	11		61
Classic Cheeseburger - Grilled Chicken	770	350	40	9		1.5	3.0	155	1600	390	59	2	15	11		46
Classic Cheeseburger - Impossible	980	560	63	25		0.5	1.5	65	1950	1260	72	8	17	13		37
Royal Bacon Brie	1060	530	60	16	1.0	1.0	10	170	1020	500	80	1	36	20		45
Royal Bacon Brie - Crispy Chicken	1230	570	64	13		12	7	195	1470	540	96	2	38	20		63
Royal Bacon Brie - Grilled Chicken	940	390	45	9		1.5	3.0	160	1310	390	80	1	36	20		49
Royal Bacon Brie - Impossible	1140	600	68	25		0.5	1.5	70	1650	1260	93	8	38	22		40
Western BBQ	1250	710	80	23	1.5	9	13	200	1840	540	78	3	20	13		54
Western BBQ - Crispy Chicken	1420	740	84	20		20	10	225	2280	580	94	4	21	13		73
Western BBQ - Grilled Chicken	1190	640	72	17		9	6	190	2120	430	78	3	20	13		58
Western BBQ - Impossible	1330	780	88	32		8	4.5	100	2470	1300	91	9	21	14		49
Sauces (added side)																
BBQ	140								660		36		22			
Buffalo	20								1680		4					
Korean BBQ	140	20	2.0						700		32		28	28		
Mango Habanero	140								680		34		26	26		
Ranch	220	210	24	4.0				20	460		2		2			2
Sides																
Fries	300	190	21	4.0		9	3.5		630	500	29	3	2			3
Tater Tots	400	270	30	6		11	4.0		500		28	3	1			3
Loaded Side (Bacon, Cheese, Ranch)	330	240	27	12	0.5			70	1170	110	4		3			16
Gourmet Popcorn																
Caramel Popcorn - 46 fl oz	1380	300	34	11				60	1720		276	11	219	219		11
Caramel Popcorn - 85 fl oz	2550	560	64	21				105	3190		510	21	404	404		21
Cheddar Corn - 46 Floz	610	440	50	38				20	1000	290	42	8	4			11
Cheddar Corn - 85 Floz	1130	810	92	71				35	1840	530	78	14	7			21

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	Popcorn (Canola Oil)														
Kids Popcorn (No Butter) - 46 fl oz	270	110	12	1		1	0.5		430	150	36	7			6
Plain Popcorn (No Butter) - 190 fl oz (Refillable Tub)	1100	440	50	4		3.5	2		1780	630	148	28	2		25
Plain Popcorn (No Butter) - 53 fl oz (Small)	300	120	13	1		1	0.5		500	170	41	8			7
Plain Popcorn (No Butter) - 95 fl oz (Regular)	550	210	24	2		2	1		930	310	74	14	1		12
Plain Popcorn (No Butter) - 140 fl oz (Large)	810	320	36	3		2.5	1.5		1320	460	109	20	1		18
Plain Popcorn (No Butter) - 150 fl oz (Large)	870	340	39	3		3	1.5		1450	490	117	22	1		19
Popcorn (Coconut Oil)															
Kids Popcorn (Coconut Oil - No Butter) - 46 fl oz	260	100	11	8		1	0.5		430	150	36	7			6
Plain Popcorn (Coconut Oil - No Butter) - 190 fl oz	1080	440	49	36		3.5	2		1780	630	148	28	2		25
Plain Popcorn (Coconut Oil - No Butter) - 53 fl oz (Small)	300	120	13	10		1	0.5		500	170	41	8			7
Plain Popcorn (Coconut Oil - No Butter) - 95 fl oz (Regular)	540	220	24	18		2	1		930	310	74	14	1		12
Plain Popcorn (Coconut Oil - No Butter) - 140 fl oz (Large)	800	320	36	26		2.5	1.5		1320	460	109	20	1		18
Plain Popcorn (Coconut Oil - No Butter) - 150 fl oz (Large)	860	340	39	28		3	1.5		1450	490	117	22	1		19
Kids (Excludes Side & Drink)															
Kids Cheeseburger	730	370	42	12	1.0	1.0	10	145	800	380	51	1	9	8	39
Kids Crispy Chicken Tenders with Ranch	510	360	40	7		8	4.5	75	1310	45	24		3		18
Kids Mac And Cheese	480	220	25	15	0.5			125	1790	100	42	2	2		25
Add Grilled Chicken	170	30	3.5	1.0		1.0	1.5	85	420	260					32
Add Side of Fries	300	190	21	4.0		9	3.5		630	500	29	3	2		3
Sweets															
Chocolate Hazelnut Churros - 3 Count	590	340	39	13		12	5.0	15	75	150	57	3	33	26	5
Chocolate Hazelnut Churros - 5 Count	780	390	45	14		12	5.0	25	125	250	89	5	49	36	8
Milkshake - Chocolate	1380	490	55	36			0.5	140	300	480	209	8	177	152	17
Milkshake - Peanut Butter	1670	1040	118	45			0.5	140	720	120	122	7	91	70	35
Milkshake - Strawberry	1080	450	51	34			0.5	140	220	120	136	1	114	91	13
Milkshake - Vanilla	1240	450	51	34			0.5	140	220	120	173		150	129	13
Candy Milkshake - M&Ms	1600	680	77	50				145	280		204	4	177	79	17
Candy Milkshake - OREO	1280	530	60	36				125	450	190	167	3	124	79	14
Candy Milkshake - Reese's Peanut Butter Cup	1720	810	92	48				125	700	610	199	7	173	149	30
Candy Milkshake - Snickers	1510	640	72	43				150	470		188		158	79	22
Warm Chocolate Brownie Sundae	1100	430	49	23				105	1060	110	165	8	123	117	10