

AMC DINE-IN Nutritional Information



WE MAKE MOVIES BETTER™

	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Apetizers															
Big Bite Sampler	2280	1280	145	36	0.5	41	18	225	6100	280	185	7	21		71
Big Bite Sampler - Add BBQ Sauce	140								660		36		22		
Big Bite Sampler - Add Buffalo Wing Sauce	0								1680						
Big Bite Sampler - Add Gochujang	140	20	2.0						700	80	32		28	28	
Big Bite Sampler - Add Mango Habanero	140								680		34		26	26	
Bone-in Wings - Add BBQ Sauce	140								660		36		22		
Bone-in Wings - Add Buffalo Sauce	0								1680						
Bone-in Wings - Add Gochujang Sauce	140	20	2.0						700	80	32		28	28	
Bone-in Wings - Add Mango Habanero Sauce	140								680		34		26	26	
Bone-in Wings - Add Ranch	220	210	24	4.0				20	460		2		2		2
Bone-in Wings - No Sauce	850	640	73	16	0	28	22	160	3770		5				48
Boneless Wings - Add BBQ Sauce	140								660		36		22		
Boneless Wings - Add Buffalo Sauce	0								1680						
Boneless Wings - Add Gochujang Sauce	140	20	2.0						700	80	32		28	28	
Boneless Wings - Add Mango Habanero Sauce	140								680		34		26	26	
Boneless Wings - Add Ranch	220	210	24	4.0				20	460		2		2		2
Boneless Wings - No Sauce	1000	600	67	12	0	21	12	165	2740	125	61	1	4		44
Fried Mozzarella W Marinara	1520	810	91	36	0	28	11	140	3980	15	111	8	18		57
Loaded Bacon Fries	930	640	72	21	0	14	6	80	2370	870	50	5	5		25
Loaded Bacon Tots	1090	770	87	24	0.5	17	7	80	2140	75	49	5	5		25
Pretzel Bites	1050	550	63	11	0			110	2230	65	103	3	16		25
Ultimate Chicken Nachos	1390	730	82	37	1.0	12	10	270	3420	1260	90	14	11		76
Entrees / Bowls															
Chicken Quesadilla with Chips	1380	630	71	26	0	14	13	210	2880	770	110	12	9		74
Southern Style Chicken Tenders	1570	980	111	18	0	22	11	150	3580	580	119	6	25	10	40
Buffalo Chicken Sandwich - Crispy	1110	550	62	12	0	19	10	150	5380	430	92	3	12	8	48
Bacon Chicken Mac	1290	670	76	35	1.0	8	4.5	295	4470	250	86	3	5		69
Pizza - Chicken Gochujang 10"	1430	400	45	18	0	1.5	5	135	4720	1130	177	10	41	33	80
Pizza - Cheese 10"	1040	290	33	16	0	0.5	4	50	2940	770	139	10	11	6	48
Pizza - Pepperoni 10"	1260	480	54	24	0	0.5	4	95	3750	920	140	10	12	6	57
Pizza - Supreme 10"	1300	480	54	22	0	0	4	105	2950	750	137	7	14	6	62
Pizza - Veggie Lover 10"	1180	380	43	16	0	0	4	50	3380	740	146	8	17	6	49
Salads and Wraps															
Cobb Salad with Fried Chicken	1020	720	82	19	0	10	11	270	2340	660	37	7	9		39
Cobb Salad with Grilled Chicken	890	610	69	17		2.5	8	305	1900	900	15	6	8		55
Cobb Wrap with Fried Chicken (Includes Fries)	1300	730	82	17	0	22	16	160	2820	970	109	11	7		38
Cobb Wrap with Grilled Chicken (Includes Fries)	1180	620	70	15	0	15	12	195	2380	1200	87	11	7		55
Caesar Wrap - Grilled Chicken	840	360	41	9		1	2.5	115	1860	640	69	5	3		48
Chopped Caesar Salad	660	410	46	8		1	2.5	130	1510	720	19	4	4		42
Sandwiches & Burgers															
Brioche Bun	270	35	4.0	2.0		0.5	1.5		410		50	1	9	8	9
Bacon Ranch	1080	630	71	22	1.0	1.0	10	210	1300	500	56	2	12	8	53
Bacon Ranch - Fried Chicken	1250	670	75	19	0	12	7	235	1740	540	71	2	13	8	71
Bacon Ranch - Grilled Chicken	960	490	56	16		1.5	3.0	200	1580	390	56	2	12	8	57
Classic Cheeseburger	890	490	55	16	1.0	1.0	10	165	1320	500	59	2	15	11	42
Classic Cheeseburger - Fried Chicken	1070	520	59	13	0	12	7	190	1770	540	74	2	16	11	61
Classic Cheeseburger - Grilled Chicken	770	350	40	9		1.5	3.0	155	1600	390	59	2	15	11	46
Dr. Praeger's Burger Melt	1330	850	96	30		3.5	2.0	230	1900	230	64	7	9		57
Royal Bacon Brie	1060	530	60	16	1.0	1.0	10	170	1020	500	80	1	36	20	45
Royal Bacon Brie - Fried Chicken	1230	570	64	13	0	12	7	195	1470	540	96	2	38	20	63
Royal Bacon Brie - Grilled Chicken	940	390	45	9		1.5	3.0	160	1310	390	80	1	36	20	49
Western BBQ	1250	710	80	23	2	9	13	200	1840	540	78	3	20	13	54
Western BBQ - Fried Chicken	1420	740	84	20	0	20	10	225	2280	580	94	4	21	13	73
Western BBQ - Grilled Chicken	1190	640	72	17	0	9	6	190	2120	430	78	3	20	13	58

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Buffalo Chicken Sandwich - Crispy	1110	550	62	12	0	19	10	150	5380	430	92	3	12	8	48
Buffalo Chicken Sandwich - Grilled	700	280	32	7		1.5	3.0	140	3750	390	58	2	11	8	45
Chicken Sandwich - Crispy	1100	550	63	10	0	19	10	140	4310	430	91	3	11	8	44
Chicken Sandwich - Grilled	760	360	41	6		1.5	3	135	2680	390	57	2	10	8	41
Kids															
Add Grilled Chicken	170	30	3.5	1.0		1.0	1.5	85	420	260	0				32
Add Side of Fries	300	190	21	4.0	0	9	3.5		630	500	29	3	2		3
Kids Cheeseburger	730	370	42	12	1.0	1.0	10	145	800	380	51	1	9	8	39
Kids Crispy Chicken Tenders with Ranch	510	360	40	7	0	8	4.5	75	1310	45	24		3		18
Kids Mac And Cheese	480	220	25	15	0.5			125	1790	100	42	2	2		25
Gourmet Popcorn															
Caramel Popcorn - 46 fl oz (Eagle)	1380	300	34	11				60	1720		276	11	219	219	11
Caramel Popcorn - 85 fl oz (Eagle)	2550	560	64	21				105	3190		510	21	404	404	21
Cheddar Corn - 46 Floz	610	440	50	38				20	1000	290	42	8	4		11
Cheddar Corn - 85 Floz	1130	810	92	71				35	1840	530	78	14	7		21
Ranch Popcorn - 46 fl oz	340	220	25	18					760	135	28	5	2		5
Ranch Popcorn - 85 fl oz	640	410	47	34					1400	250	51	9	4		9
Sides															
Fries	300	190	21	4.0	0	9	3.5		630	500	29	3	2		3
Loaded Side (Bacon, Cheese, Ranch)	330	240	27	12	0.5			70	1170	110	4		3		16
Onion Rings	360	230	26	4.0	0	8	3.0		800	0	30	2	5		2
Tater Tots	400	270	30	6	0	11	4.0		500	0	28	3	1		3
Chili Cheese Fries	650	390	44	10	0	14	6	25	1870	1100	57	7	5		14
Sweets															
Chocolate Hazelnut Churros - 3 Count	590	340	39	13	0	12	5.0	15	75	150	57	3	33	26	5
Chocolate Hazelnut Churros - 5 Count	780	390	45	14	0	12	5.0	25	125	250	89	5	49	36	8
Milkshake - Strawberry	1080	450	51	34		0	0.5	140	220	120	136	1	114	91	13
Milkshake - Chocolate	1380	490	55	36		0	0.5	140	300	480	209	8	177	152	17
Milkshake - Oreo	1200	540	61	37		0	0.5	140	430	210	141	2	103	60	15
Milkshake - Vanilla	1240	450	51	34		0	0.5	140	220	120	173		150	129	13
Milkshake - Peanut butter	1670	1040	118	45		0	0.5	140	720	120	122	7	91	70	35
Warm Chocolate Brownie Sundae	1100	430	49	23				105	1060	110	165	8	123	117	10