



## AMC DINE-IN THEATRES - ALLERGEN INFORMATION

| SNACKS AND SHARES                             | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
|-----------------------------------------------|-----|------|------|---------|-----------|-----|-----------|-------|
| Big Bite Sampler<br>(Includes Dipping Sauces) | X   |      | X    |         |           | X   |           | X     |
| Boneless Wings                                | X   |      | X    |         |           | X   |           | X     |
| Dry Rub Wings                                 | X   |      | X    |         |           | X   |           |       |
| Crab & Avocado Sushi Roll                     | X   | X    |      |         | X         | X   |           | X     |
| Crispy Shrimp Sushi Roll                      | X   |      | X    |         | X         | X   |           | X     |
| Crispy Brussels Sprouts                       |     |      | X    |         |           |     |           |       |
| Loaded Bacon Tots                             | X   |      | X    |         |           | X   |           |       |
| Pretzel Bites                                 |     |      | X    |         |           | X   |           | X     |
| Ultimate Nachos (No Meat)                     |     |      | X    |         |           |     |           |       |
| Ultimate Nachos: Add Chicken                  |     |      | X    |         |           |     |           |       |
| Korean BB Bacon Buns                          |     |      |      |         |           | X   | X         | X     |
| Loaded Brisket Fries                          | X   |      | X    |         |           | X   |           | X     |

| <b>SNACKS AND SHARES</b>                   | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
|--------------------------------------------|-----|------|------|---------|-----------|-----|-----------|-------|
| Ultimate Nachos: Add Shrimp                |     |      | X    |         | X         |     |           |       |
| Ultimate Nachos: Add Steak                 |     |      | X    |         |           |     |           |       |
| Wedge Lettuce Cups                         | X   |      | X    |         |           | X   |           |       |
| <b>BOWLS</b>                               | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Asian Steak And Shrimp Bowl                |     |      |      |         | X         | X   | X         | X     |
| Grilled Chicken Quinoa Bowl                |     |      | X    |         |           |     | X         |       |
| Southwest Chicken Bowl with Tortilla Chips |     |      | X    |         |           |     |           |       |
| BB Brisket Mac& Cheese                     | X   |      | X    |         |           | X   |           | X     |
| Bacon Chicken Mac & Cheese                 | X   |      | X    |         |           |     |           | X     |
| <b>BURGERS (INCLUDES FRIES)</b>            | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Bacon Ranch Burger                         | X   | X    | X    |         |           | X   |           | X     |
| Classic Cheeseburger                       | X   | X    | X    |         |           | X   |           | X     |
| Quinoa Veggie Burger                       | X   | X    | X    |         |           | X   |           | X     |
| Smoky Jalapeno Burger                      | X   | X    | X    |         |           | X   |           | X     |
| Royal Burger                               | X   | X    | X    |         |           | X   |           | X     |
| <b>FAVORITES</b>                           | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Chicken Quesadilla                         |     |      | X    |         |           |     |           | X     |
| Crispy Shrimp Dinner                       | X   |      | X    |         | X         | X   | X         | X     |

| <b>FAVORITES</b>                                | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
|-------------------------------------------------|-----|------|------|---------|-----------|-----|-----------|-------|
| Fish And Chips                                  | X   | X    | X    |         |           | X   | X         | X     |
| Southern-Style Chicken Tenders<br>(No Sauces)   | X   |      | X    |         |           | X   |           | X     |
| Taco Trio - Chicken                             |     |      | X    |         |           |     |           | X     |
| Taco Trio - Fish                                | X   | X    | X    |         |           | X   |           | X     |
| Taco Trio - Shrimp                              | X   |      | X    |         | X         | X   |           | X     |
| <b>FLATBREADS</b>                               | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Caprese                                         | X   |      | X    |         |           | X   |           | X     |
| Philly                                          | X   |      | X    |         |           | X   |           | X     |
| Artisan Pepperoni                               | X   |      | X    |         |           | X   |           | X     |
| <b>SALADS AND WRAPS<br/>(INCLUDES DRESSING)</b> | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Chicken Caesar Salad                            | X   | X    | X    |         |           | X   |           | X     |
| Chicken Caesar Wrap                             | X   | X    | X    |         |           | X   |           | X     |
| Chopped Cobb Salad                              | X   |      | X    |         |           | X   |           |       |
| Chopped Cobb Wrap                               | X   |      | X    |         |           | X   |           | X     |
| <b>SANDWICHES<br/>(INCLUDES FRIES)</b>          | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Avocado Chicken Grill                           |     |      | X    |         |           | X   |           | X     |
| Chipotle Chicken Melt                           | X   |      | X    |         |           | X   |           | X     |

| <b>KID'S (INCLUDES FRIES AND FRUIT. DRINK EXCLUDED)</b> | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
|---------------------------------------------------------|-----|------|------|---------|-----------|-----|-----------|-------|
| Kids Cheeseburger                                       |     |      | X    |         |           | X   |           | X     |
| Kids Chicken Tender Dinner                              | X   |      | X    |         |           | X   |           | X     |
| Kids Fish And Chips                                     | X   | X    | X    |         |           |     |           | X     |
| Kids Mac & Cheese                                       |     |      | X    |         |           |     |           | X     |
| <b>SWEETS</b>                                           | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Molten Chocolate Churros                                |     |      | X    |         |           | X   | X         | X     |
| Triple Chocolate Brownie Sundae                         | X   |      | X    |         |           | X   | X         | X     |
| Oreo Milkshake                                          |     |      | X    |         |           | X   |           | X     |
| Chocolate Milkshake                                     | X   |      | X    | X       |           | X   | X         | X     |
| Vanilla Milkshake                                       |     |      | X    |         |           | X   |           | X     |
| <b>SIDES</b>                                            | Egg | Fish | Milk | Peanuts | Shellfish | Soy | Tree Nuts | Wheat |
| Fruit Cup                                               |     |      |      |         |           |     |           |       |
| Side Salad (No Dressing)                                |     |      |      |         |           |     |           |       |



## AMC DINE-IN THEATRES - NUTRITION INFORMATION

| <b>SNACKS AND SHARES</b>                         | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|--------------------------------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Big Bite Sampler<br>(Includes Dipping<br>Sauces) | 2300     | 1410              | 160           | 37                | 0             | 36                 | 22                 | 275              | 9140        | 690            | 148               | 7                 | 33         | 69          |
| Boneless Wings                                   | 840      | 480               | 55            | 10                | 0             | 12                 | 6                  | 120              | 3470        | 140            | 52                | 1                 | 22         | 30          |
| Dry Rub Wings                                    | 1240     | 930               | 105           | 21                | 0             | 29                 | 23                 | 185              | 4420        | 250            | 27                | 2                 | 14         | 50          |
| Crab & Avocado<br>Sushi Roll                     | 800      | 370               | 42            | 7                 | 0             | 1.0                | 5                  | 55               | 3760        | 530            | 83                | 7                 | 11         | 18          |
| Crispy Shrimp<br>Sushi Roll                      | 760      | 230               | 26            | 4.5               | 0             | 5                  | 7                  | 90               | 4760        | 520            | 108               | 7                 | 25         | 23          |
| Crispy Brussels<br>Sprouts                       | 230      | 60                | 7             | 3.5               | 0             | 1.0                | 2.0                | 20               | 2840        | 1360           | 32                | 13                | 8          | 19          |
| Loaded<br>Bacon Tots                             | 980      | 680               | 76            | 22                | 0             | 16                 | 8                  | 75               | 2320        | 150            | 47                | 5                 | 6          | 21          |
| Korean BBQ<br>Bacon Buns                         | 1050     | 280               | 32            | 9                 | 0             | 1                  | 2                  | 35               | 4690        | 200            | 167               | 4                 | 102        | 22          |
| Loaded Brisket<br>Fries                          | 1370     | 850               | 96            | 26                | 0             | 29                 | 13                 | 85               | 4580        | 1210           | 101               | 8                 | 16         | 28          |

|                                               |          |                   |               |                   |               |                    |                    |                  |             |                |                   |                   |            |             |
|-----------------------------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Pretzel Bites                                 | 920      | 390               | 44            | 9                 | 0             | 0                  | 2.0                | 105              | 6060        | 110            | 93                | 3                 | 6          | 25          |
| Ultimate Nachos<br>(No Meat)                  | 1640     | 900               | 102           | 41                | 0             | 7                  | 20                 | 120              | 3260        | 1380           | 145               | 22                | 10         | 45          |
| Ultimate Nachos:<br>Add Chicken               | 1840     | 1000              | 114           | 42.5              | 0             | 7                  | 21.5               | 185              | 3920        | 1390           | 145               | 22                | 10         | 69          |
| Ultimate Nachos:<br>Add Shrimp                | 1720     | 910               | 103           | 41                | 0             | 7                  | 20                 | 275              | 3950        | 1430           | 145               | 22                | 10         | 61          |
| Ultimate Nachos:<br>Add Steak                 | 2120     | 1240              | 140           | 55                | 0             | 7                  | 20                 | 230              | 3540        | 1380           | 145               | 22                | 10         | 78          |
| Wedge<br>Lettuce Cups                         | 460      | 300               | 34            | 11                | 0             | 0.5                | 1.5                | 200              | 650         | 630            | 0                 | 4                 | 11         | 16          |
| <b>BOWLS</b>                                  | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Asian Steak And<br>Shrimp Bowl                | 1060     | 280               | 32            | 5                 | 0             | 7                  | 7                  | 165              | 4310        | 810            | 145               | 7                 | 42         | 48          |
| Grilled Chicken<br>Quinoa Bowl                | 800      | 470               | 53            | 7                 | 0             | 3.5                | 5                  | 80               | 2740        | 590            | 45                | 7                 | 4          | 40          |
| Southwest Chicken<br>Bowl with Tortilla Chips | 1050     | 450               | 51            | 19                | 0             | 1.5                | 6                  | 130              | 2640        | 790            | 100               | 12                | 4          | 53          |
| Bacon Chicken<br>Mac & Cheese                 | 1210     | 560               | 63            | 26                | 0             | 8                  | 10                 | 170              | 3900        | 260            | 94                | 4                 | 10         | 60          |
| BBQ Brisket<br>Mac & Cheese                   | 1030     | 480               | 55            | 24                | 0             | 8                  | 10                 | 125              | 2100        | 430            | 93                | 5                 | 16         | 43          |
| <b>SIDES</b>                                  | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Fruit Cup                                     | 60       | 0                 | 0             | 0                 | 0             | 0                  | 0                  | 0                | 0           | 190            | 15                | 2                 | 10         | 1           |
| Side Salad<br>(No Dressing)                   | 15       | 0                 | 0             | 0                 | 0             | 0                  | 0                  | 0                | 5           | 160            | 3                 | 0                 | 2          | 1           |

| BURGERS<br>(INCLUDES<br>FRIES)             | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|--------------------------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Bacon Ranch Burger                         | 1580     | 960               | 108           | 31                | 1.5           | 14                 | 20                 | 230              | 3090        | 1240           | 91                | 6                 | 15         | 63          |
| Classic Cheeseburger                       | 1330     | 760               | 86            | 23                | 1.5           | 14                 | 15                 | 190              | 3180        | 1220           | 95                | 6                 | 18         | 50          |
| Quinoa Veggie Burger                       | 970      | 400               | 45            | 8                 | 0             | 2.0                | 7                  | 65               | 2800        | 1020           | 122               | 11                | 30         | 29          |
| Smoky Jalapeno Burger                      | 1260     | 700               | 79            | 18                | 1.5           | 14                 | 15                 | 165              | 3030        | 1220           | 97                | 7                 | 18         | 46          |
| Royal Burger                               | 1490     | 790               | 90            | 23                | 1.5           | 14                 | 18                 | 195              | 2960        | 1110           | 118               | 5                 | 41         | 55          |
| FAVORITES                                  | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Chicken Quesadilla                         | 1510     | 760               | 85            | 35                | 0             | 6                  | 10                 | 190              | 3350        | 520            | 119               | 12                | 8          | 66          |
| Crispy Shrimp Dinner                       | 1720     | 1060              | 120           | 23                | 4.5           | 26                 | 14                 | 300              | 5700        | 1270           | 127               | 9                 | 30         | 41          |
| Fish And Chips                             | 2260     | 1440              | 163           | 31                | 4.5           | 38                 | 18                 | 160              | 5390        | 1010           | 139               | 8                 | 29         | 64          |
| Southern-Style Chicken Tenders (No Sauces) | 1270     | 710               | 81            | 17                | 4.0           | 27                 | 13                 | 110              | 4220        | 770            | 101               | 6                 | 11         | 43          |
| Taco Trio - Chicken                        | 1370     | 610               | 69            | 28                | 0             | 1.5                | 6                  | 140              | 2440        | 380            | 140               | 10                | 29         | 47          |
| Taco Trio - Fish                           | 1840     | 1030              | 116           | 37                | 0             | 23                 | 13                 | 135              | 2870        | 480            | 145               | 11                | 14         | 51          |
| Taco Trio - Shrimp                         | 1610     | 800               | 91            | 33                | 0             | 13                 | 9                  | 325              | 4160        | 650            | 147               | 11                | 13         | 48          |

| <b>FLATBREADS</b>                                 | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|---------------------------------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Caprese                                           | 670      | 250               | 28            | 16                | 0             | 0                  | 3.0                | 30               | 1610        | 55             | 81                | 10                | 7          | 26          |
| Philly                                            | 660      | 300               | 34            | 14                | 0             | 0                  | 3.0                | 85               | 1400        | 130            | 56                | 2                 | 6          | 29          |
| Artisan Pepperoni                                 | 710      | 330               | 37            | 15                | 0             | 0                  | 3                  | 75               | 2390        | 60             | 56                | 3                 | 6          | 33          |
| <b>SALADS &amp; WRAPS<br/>(INCLUDES DRESSING)</b> | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Chicken Caesar Salad                              | 910      | 670               | 76            | 13                | 0             | 3.0                | 15                 | 245              | 2140        | 520            | 22                | 5                 | 4          | 43          |
| Chicken Caesar Wrap                               | 1020     | 540               | 62            | 12                | 0             | 6                  | 7                  | 120              | 2500        | 460            | 75                | 8                 | 14         | 44          |
| Chopped Cobb Salad                                | 1060     | 750               | 85            | 24                | 0             | 3.0                | 13                 | 320              | 2000        | 1090           | 20                | 11                | 6          | 53          |
| Chopped Cobb Wrap                                 | 1040     | 530               | 61            | 15                | 0             | 6                  | 8                  | 200              | 2000        | 760            | 75                | 11                | 16         | 49          |
| <b>SANDWICHES<br/>(INCLUDES FRIES)</b>            | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Avocado Chicken Grill                             | 1140     | 620               | 70            | 12                | 0             | 15                 | 13                 | 115              | 2040        | 1080           | 96                | 10                | 15         | 43          |
| Chipotle Chicken Melt                             | 1500     | 960               | 108           | 25                | 0             | 13                 | 10                 | 160              | 3190        | 590            | 88                | 6                 | 4          | 44          |

| <b>KID'S<br/>(INCLUDES FRIES<br/>&amp; FRUIT. DRINK<br/>EXCLUDED)</b> | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
|-----------------------------------------------------------------------|----------|-------------------|---------------|-------------------|---------------|--------------------|--------------------|------------------|-------------|----------------|-------------------|-------------------|------------|-------------|
| Kids Cheeseburger                                                     | 1070     | 570               | 64            | 19                | 1.5           | 8                  | 13                 | 180              | 2470        | 870            | 77                | 5                 | 16         | 48          |
| Kids Chicken<br>Tender Dinner                                         | 700      | 430               | 49            | 10                | 0             | 13                 | 6                  | 80               | 1820        | 450            | 45                | 4                 | 9          | 21          |
| Kids Fish<br>And Chips                                                | 1090     | 740               | 83            | 14                | 0             | 21                 | 8                  | 80               | 2540        | 450            | 66                | 5                 | 23         | 23          |
| Kids Mac<br>& Cheese                                                  | 890      | 400               | 45            | 18                | 0             | 7                  | 7                  | 80               | 2370        | 620            | 91                | 6                 | 16         | 30          |
| <b>SWEETS</b>                                                         | Calories | Calories from fat | Total fat (g) | Saturated fat (g) | Trans fat (g) | Poly unsat fat (g) | Mono unsat fat (g) | Cholesterol (mg) | Sodium (mg) | Potassium (mg) | Carbohydrates (g) | Dietary fiber (g) | Sugars (g) | Protein (g) |
| Oreo Milkshake                                                        | 980      | 430               | 49            | 24                | 0             | 0                  | 7                  | 110              | 470         | 270            | 119               | 2                 | 86         | 14          |
| Chocolate<br>Milkshake                                                | 1620     | 660               | 75            | 39                | 0             | 0                  | 1.0                | 175              | 400         | 160            | 207               | 10                | 180        | 21          |
| Vanilla Milkshake                                                     | 910      | 370               | 41            | 24                | 0             | 0                  | 1.0                | 125              | 400         | 160            | 111               | 1                 | 82         | 16          |
| Molten Chocolate<br>Churros (3ct)                                     | 630      | 300               | 35            | 12                | 0             | 11                 | 5                  | 39               | 81          | 12             | 74                | 5                 | 42         | 6           |
| Molten Chocolate<br>Churros (5ct)                                     | 150      | 500               | 57            | 20                | 0             | 17                 | 7                  | 65               | 135         | 20             | 122               | 8                 | 70         | 10          |
| Triple Chocolate<br>Brownie Sundae                                    | 1490     | 560               | 63            | 27                | 0             | 1                  | 6                  | 190              | 850         | 550            | 274               | 14                | 215        | 23          |