

AMC Theatres Dine-In- Nutritional Information



	Calories	Calories from fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Polyunsaturated Fat (g)	Monounsaturated Fat (g)	Cholesterol (mg)	Sodium (mg)	Potassium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Added Sugars (g)	Protein (g)
Appetizers, Sandwiches, Bowls, Wraps and Salads															
Big Bite Sampler	2280	1280	145	36	0.5	41	18	225	6100	280	185	7	21		71
Big Bite Sampler - Add BBQ	140								660		36		22		
Big Bite Sampler - Add Buffalo Wing Sauce	0								1680						
Big Bite Sampler - Add Buffalo Wing Sauce	140	20	2.0						700	80	32		28	28	
Big Bite Sampler - Add Buffalo Wing Sauce	140								680		34		26	26	
Bone-in Wings - Add BBQ	140								660		36		22		
Bone-in Wings - Add Buffalo Sauce	0								1680						
Bone-in Wings - Add Buffalo Sauce	140	20	2.0						700	80	32		28	28	
Bone-in Wings - Add Mango	140								680		34		26	26	
Bone-in Wings - Add Ranch	220	210	24	4.0				20	460		2		2		2
Bone-in Wings - No Sauce	850	640	73	16	0	28	22	160	3770		5				48
Boneless Wings - Add BBQ	140								660		36		22		
Boneless Wings - Add Buffalo Sauce	0								1680						
Boneless Wings - Add Buffalo Sauce	140	20	2.0						700	80	32		28	28	
Boneless Wings - Add Buffalo Sauce	140								680		34		26	26	
Boneless Wings - Add Buffalo Sauce	220	210	24	4.0				20	460		2		2		2
Boneless Wings - No Sauce	1000	600	67	12	0	21	12	165	2740	125	61	1	4		44
Dr. Praeger's Chickenless Tenders - Add Buffalo	140								660		36		22		
Dr. Praeger's Chickenless Tenders - Add Buffalo	0								1680						
Dr. Praeger's Chickenless Tenders - Add Buffalo	140	20	2.0						700	80	32		28	28	
Dr. Praeger's Chickenless Tenders - Add Buffalo	140								680		34		26	26	
Dr. Praeger's Chickenless Tenders - Add Buffalo	220	210	24	4.0				20	460		2		2		2
Dr. Praeger's Chickenless Tenders - Add Buffalo	830	540	61	9	0	20	8		980	1240	34	22			38

Fried Mozzarella W Marinara	1520	810	91	36	0	28	11	140	3980	15	111	8	18	57
Loaded Bacon Fries	930	640	72	21	0	14	6	80	2370	870	50	5	5	25
Loaded Bacon Tots	1090	770	87	24	0.5	17	7	80	2140	75	49	5	5	25
Pretzel Bites	1050	550	63	11	0			110	2230	65	103	3	16	9 25
Ultimate Chicken Nachos	1390	730	82	37	1.0	12	10	270	3420	1260	90	14	11	76
Avocado Chicken - Fried	1230	660	74	19	0	19	15	180	2630	760	97	7	15	8 48
Avocado Chicken - Grilled	820	390	44	14		2.5	8	170	990	710	63	6	14	8 45
Avocado Chicken Grill -	700	270	30	14		2.5	8	135	990	710	63	6	14	8 45
Buffalo Chicken Sandwich - Crispy	1110	550	62	12	0	19	10	150	5380	430	92	3	12	8 48
Buffalo Chicken Sandwich - Grilled	700	280	32	7		1.5	3.0	140	3750	390	58	2	11	8 45
Chipotle Chicken Melt - Fried	1710	1040	118	29	0	18	8	200	4140	400	93	3	9	5 67
Chipotle Chicken Melt - Grilled	1300	780	88	24	0	1.0	1.5	190	2500	350	60	2	8	5 64
Dr. Praeger's Chimichurri Grilled "chicken"	760	340	39	9		7	9	40	1520	1040	71	11	12	8 34
Bacon Chicken Mac	1290	670	76	35	1.0	8	4.5	295	4470	250	86	3	5	69
Cobb Salad with Fried Chicken	1020	720	82	19	0	10	11	270	2340	660	37	7	9	39
Cobb Salad with Grilled Chicken	890	610	69	17		2.5	8	305	1900	900	15	6	8	55
Cobb Wrap with Fried Chicken (Includes Fries)	1300	730	82	17	0	22	16	160	2820	970	109	11	7	38
Cobb Wrap with Grilled Chicken (Includes Fries)	1180	620	70	15	0	15	12	195	2380	1200	87	11	7	55
Burgers														
* Brioche Bun	270	35	4.0	2.0		0.5	1.5		410		50	1	9	8 9
Bacon Ranch	1080	630	71	22	1.0	1.0	10	210	1300	500	56	2	12	8 53
Bacon Ranch - Fried Chicken	1250	670	75	19	0	12	7	235	1740	540	71	2	13	8 71
Bacon Ranch - Grilled Chicken	960	490	56	16		1.5	3.0	200	1580	390	56	2	12	8 57
Classic Cheeseburger	890	490	55	16	1.0	1.0	10	165	1320	500	59	2	15	11 42
Classic Cheeseburger - Fried Chicken	1070	520	59	13	0	12	7	190	1770	540	74	2	16	11 61

Classic Cheeseburger - Grilled Chicken	770	350	40	9		1.5	3.0	155	1600	390	59	2	15	11	46
Dr. Praeger's Burger Melt	1330	850	96	30		3.5	2.0	230	1900	230	64	7	9		57
Royal Bacon Brie	1060	530	60	16	1.0	1.0	10	170	1020	500	80	1	36	20	45
Royal Bacon Brie - Fried Chicken	1230	570	64	13	0	12	7	195	1470	540	96	2	38	20	63
Royal Bacon Brie - Grilled Chicken	940	390	45	9		1.5	3.0	160	1310	390	80	1	36	20	49
Western BBQ	1160	630	71	22	1.5	9	13	195	1740	540	77	3	19	13	54
Western BBQ - Fried Chicken	1330	660	75	19	0	20	10	220	2180	580	92	4	21	13	73
Western BBQ - Grilled Chicken	1040	490	55	15	0	9	6	185	2020	430	77	3	19	13	58
Entrees															
Artisan Pepperoni Flatbread	1060	590	67	26	0	1.0	4.0	145	3280	80	57	3	5		48
Caprese Flatbread	720	280	32	17	0	1.0	4.0	40	1680	80	83	10	7		29
Chicken Quesadilla with Chips	1380	630	71	26	0	14	13	210	2880	770	110	12	9		74
Southern Style Chicken Tenders	1570	980	111	18	0	22	11	150	3580	580	119	6	25	10	40
Kids															
Add Grilled Chicken	170	30	3.5	1.0		1.0	1.5	85	420	260	0				32
Add Side of Fries	300	190	21	4.0	0	9	3.5		630	500	29	3	2		3
Kids Cheeseburger	730	370	42	12	1.0	1.0	10	145	800	380	51	1	9	8	39
Kids Crispy Chicken Tenders with Ranch	510	360	40	7	0	8	4.5	75	1310	45	24		3		18
Kids Mac And Cheese	480	220	25	15	0.5			125	1790	100	42	2	2		25
Gourmet Popcorn															
Caramel Popcorn - 46 fl oz (Eagle)	1380	300	34	11				60	1720		276	11	219	219	11
Caramel Popcorn - 85 fl oz (Eagle)	2550	560	64	21				105	3190		510	21	404	404	21
Cheddar Corn - 46 Floz (Eagle)	870	690	78	12				25	1330		37	9			9
Cheddar Corn - 85 Floz (Eagle)	1620	1280	144	21				45	2470		68	17			17
Sides															
Fries	300	190	21	4.0	0	9	3.5		630	500	29	3	2		3
Loaded Side (Bacon, Cheese, Ranch)	330	240	27	12	0.5			70	1170	110	4		3		16
Onion Rings	360	230	26	4.0	0	8	3.0		800	0	30	2	5		2

Tater Tots	400	270	30	6	0	11	4.0	500	0	28	3	1	3	
Sweets														
Birthday Cake Milkshake	1690	780	88	55	0	0	1.0	175	520	210	205	166	129	15
Chocolate Hazelnut Churros	590	340	39	13	0	12	5.0	15	75	150	57	3	33	5
Chocolate Hazelnut Churros	780	390	45	14	0	12	5.0	25	125	250	89	5	49	8
Extreme Chocolate Milkshake	2060	810	92	51	0.5	0	1.0	205	650	160	282	12	230	24
Harvest Apple Pie Milkshake	1750	710	81	50		1.0	1.5	145	760	370	231	1	171	21
Oreo Milkshake	1590	740	84	50		0	8	145	730	280	193	3	134	19
S'mores Milkshake	1670	590	66	44		1.0	1.5	145	480	220	238	7	189	22
Warm Chocolate Brownie Sundae	1110	430	48	22				110	480		164	8	131	10